

## THIRD SUNDAY OF LENT

March 8<sup>th</sup>, 2026

As the Israelites journeyed through the desert, Moses provided them with the life-saving gift of ordinary water. Jesus, the new Moses, gives the people something infinitely better – “living water” – a share in the very life of God.

### MASS SCHEDULE

Sunday, March 8 <sup>th</sup> <i>3<sup>rd</sup> Sunday of Lent</i>	9 am 11 am	<i>Missa Pro Populo</i> <i>Missa Pro Populo (Linwood)</i>	
Monday, March 9 <sup>th</sup> <i>St. Frances of Rome</i>	-	-	-
Tuesday, March 10 <sup>th</sup> <i>Lent</i>	12 pm	+ <i>Maynard Dietrich</i>	By Mary Dietrich & family
Wednesday, March 11 <sup>th</sup> <i>Lent</i>	12 pm 4 pm	<b>CANCELLED</b> <b>CANCELLED</b>	-
Thursday, March 12 <sup>th</sup> <i>Lent</i>	12 pm	<i>Intentions of Carole-Ann Barrett</i>	By the Family
Friday, March 13 <sup>th</sup> <i>Lent</i>	9 am 7 pm	<b>CANCELLED</b> <i>Stations of the Cross</i>	-
Saturday, March 14 <sup>th</sup> <i>Lent</i>	5 pm	+ <i>Geraldine Grubb</i> + <i>Constance Walser</i>	By the Weiss family By Mark & Joan Voisin
Sunday, March 15 <sup>th</sup> <i>4<sup>th</sup> Sunday of Lent</i>	9 am 11 am	<i>Missa Pro Populo</i> <i>Missa Pro Populo (Linwood)</i>	

[History of the Catholic Church \(#107\)](#) – Numerous tombstones found in the countryside, dating between 248 and 279, are patently Christian in their wording and often pay homage to the deceased as “a soldier of Christ.” In Egypt and probably also in Syria, there was the same widespread turning to Christ by the peasants. Eusebius gives us an eyewitness account of the conversion of the Copts to Christianity when he was in Egypt in 311-12. “Altars to Christ abounded” – he reports, “and the majority of the population were already Christian.”

[PARENTING TIP](#) – Parenting is a profound vocation, one that requires great stamina and loads of love. Fortunately, God has provided parents with both! Character is at the forefront of all parenting because our kids are watching more than listening! The task of parents, once they bring life into this world, is to center themselves on guiding their child(ren) to maturity. It is a job that requires ongoing learning, teaching and always witnessing to our faith. No one has a greater influence on a child than their parents. Embrace your vocation with dedication and perseverance. Ask God for guidance and support and be confident that your children, by observing you, will learn to be wonderful, faith filled adults whose lives will be find joy and success! (Family Ministry Office; 905-528-7988 ext. 2250)

[SOUP LUNCHEON DURING LENT](#) – Beginning this Wednesday, February 25<sup>th</sup>, and on every subsequent Wednesday during Lent, you are invited to a delicious soup luncheon following the noon Mass. As we enter this period of reflection and repentance, strengthen your connections to this beautiful community! Free-will offerings gratefully accepted. Profits will go to our Share Lent collection – Development and Peace.

[STATIONS OF THE CROSS](#) – Please join us on Fridays at 7pm during Lent for the Stations of the Cross and follow the footsteps of Jesus.

[LENTEN RETREAT](#) – Mark your calendars! Our Lenten retreat with Fr. Brian Quigley begins the weekend of March 21/22, and continues with Mass on Monday, March 23<sup>rd</sup> and Tuesday, March 24<sup>th</sup> at 7pm. Confession will follow Tuesday’s Mass.

[LOOKING FOR SUPPORT FOR YOUR MARRIAGE](#) – Does your marriage feel like it is more trouble than joy, does it feel stagnant, or disconnected? Is it causing you constant stress? The solution is Retrouvaille – whose one purpose is to help couples restore their marriage and rebuild a loving relationship. This is a practical program, where sharing is not required except between the couple themselves. It is designed to improve communication, build stronger marriages, and help couples reconnect. This is for struggling couples, including those who may be considering separation or divorce. The next Retrouvaille weekend is March 13-15, 2026. Call 905-664-5212 or email [1013r@helpourmarriage.org](mailto:1013r@helpourmarriage.org)

[ENHANCING SELF-ESTEEM](#) – This program provides the opportunity to increase awareness of yourself and to learn specific skills for building positive self-esteem. It can help you to feel stronger in all areas of your life. Issues covered during the course include taking responsibility for your own thoughts and feelings, positive ways to behave assertively and setting realistic goals for your future. The program will run Tuesdays from April 6 – June 9 from 7-9 pm and are held at the Chancery Office at 700 King St. West Hamilton. Cost is \$35 for materials. Registration online can be found by going to [hamiltondiocese.com](http://hamiltondiocese.com) and looking for the date under Upcoming Events, or by contacting Sarah at 905-528-7988 ext. 2249, or at [familyministry@hamiltondiocese.com](mailto:familyministry@hamiltondiocese.com)

[DIOCESE OF HAMILTON PRAYER CALENDAR](#) – Please remember the following in your prayers: Very Rev. Msgr Cornelius O’Mahoney, Rev. Patras Samuel Masih, Franciscan Fathers, OFM, Rev. Tony O’Dell, OMI, Parish & Chancery Staff, & Rev. Harry Reitzel, CR.

[VOCATION SEEDS](#) – “But the one who drinks of the water that I will give will never be thirsty.” Do you thirst to know where God is leading you? Could you be thirsty for an understanding of your purpose? If God is calling you to serve Him as a priest, deacon, brother or sister, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988.  
Email: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com)  
Website: <https://hamiltondiocese.com/vocations/>

[LAST WEEK’S COLLECTION](#) – St. Clements \$5,120.00 Thank you for your generosity!