

FOURTH SUNDAY IN ORDINARY TIME

February 1st, 2026

In these readings it is not starvation and misery that are being blessed – these are evil things. What is being blessed is reliance on God! Those who know their need of God, and who live life as He would have them live it, are truly blessed. They are the most fortunate people in the world. God will give them all they need. Only God can fill our emptiness, only God can satisfy the hunger of our hearts. Those who put their trust in human things will be disappointed. Those who put their trust in God will not be disappointed. God becomes the champion of the poor, the weak, and the lowly, who practise integrity and humility.

MASS SCHEDULE

Sunday, February 1 st 4th Sunday in OT	9 am 11 am	<i>Missa Pro Populo</i> <i>Missa Pro Populo (Linwood)</i>	
Monday, February 2 nd Presentation of the Lord	-	-	-
Tuesday, February 3 rd St. Blaise	9 am	+ Bill Dixon	By John & Christine Dixon
Wednesday, February 4 th Ordinary Time	12 pm 4 pm	<i>Intentions of John & Dorothy</i> <i>Dario</i> <i>+ Leonard Sherrer</i>	By Natalie Runstedler By Irene Runstedler
Thursday, February 5 th St. Agatha	9 am	+ Bernie Miller	By Chris & Barb Runstedler
Friday, February 6 th St. Paul Miki & Companions	9 am	<i>Intentions of Fran Hergott</i>	By Murray & Sharon Runstedler
Saturday, February 7 th Ordinary Time	5 pm	+ Anna Miller	By Tom Miller
Sunday, February 8 th 5th Sunday in OT	9 am 11 am	<i>Missa Pro Populo</i> <i>Missa Pro Populo (Linwood)</i>	

History of the Catholic Church (#102) – Even before it became a necessity for the Western clergy, virginity and celibacy were held in high esteem. There is very early evidence for the existence of Christian ascetics – men and women who practiced a special form of asceticism, renounced marriage, and lived lives of seclusion from the world. At first they did not form distinct communities under a fixed rule; they usually lived with their families and kept their own property. However, their vows to live a life of continence were recognized by Church authorities. Origen regarded the life of asceticism as a kind of spiritual marriage with Christ, an idea that became very popular; Methodius likened ascetics to martyrs.

SPAGHETTI DINNER – The Knights of Columbus Council 8192 and the Catholic Women's League is hosting a SPAGHETTI DINNER on Friday, February 13, 2026 at St. Teresa of Avila Parish Hall, 19 Flamingo Drive, Elmira. There will be continuous seating until 7:00 p.m. Take-out will be 4:30 – 5:00 p.m. Please bring your own take-out bag as we are trying to save the environment. Cost is \$16.00 for Adults, \$10.00 for Children (6-12), and Free for Children (5 & Under). Purchase your tickets by calling Rick Weishar at 519-577-5928 or the Parish Office at 519-669-3387 between 9 a.m. and 1 p.m. (Tuesday to Friday). Proceeds will be going to reupholstering the hall chairs.

WHEN LIFE CHANGES GRIEF PROGRAM – Using Dr. Bill Webster's grief material these programs are intended to help you to understand your grief and provide practical tips and support for helping you through. Both part one and two will be offered at the Chancery Office at 700 King St. West. All are welcome. To register look for the program start date under Upcoming Events on the Diocesan home page at hamiltondiocese.com or call the Family Ministry Office at 905-528-7988 ext. 2249.

Part One – When Life Changes will be offered on Wednesday afternoons from February 18- March 25 from 1:30 – 3:00 pm.

Part Two – The Ongoing Journey (for those who have previously completed Part One) is offered on Wednesday evenings from April 8 - May 13 from 7:00-8:30pm.

SERRA CLUB – The Serra Club is glad to resume meetings at St. Agnes Parish, Waterloo on the second Thursday of the month. Join us at St. Agnes for a Holy Hour, Rosary and Benediction at 6:00 and Mass at 7:00. There will be a brief meeting and fellowship in the parish hall following evening Mass. Serrans are lay Catholics – men and women of all ages and from all walks of life, all dedicated to promote and foster vocations. Serra International ("Serra") is formally recognized by the Holy See as the only global lay apostolate for vocations in the Catholic Church.

Masses for 2026 are February 12, March 12, April 9, May 14, June 11, July 9, August 13, September 19, October 8, November 12, December 10, 2026.

Join us for the Rosary on ZOOM every Monday at 7:00 pm. Address: 891 4699 8295, Pass Code GvsW9U
New members are welcome! Contact ma_zister@hotmail.com

DIOCESE OF HAMILTON PRAYER CALENDAR – Please remember the following in your prayers: Rev. Allen Varlaki, Missionaries, Rev. Charles Jordan, Rev. Ken Miskiewicz, & Rev. Florian Stasinski, CR.

VOCATION SEEDS – "Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven..." Do not be discouraged by jeers when considering being a priest, deacon, brother or sister. If God is calling you, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988.

Email: vocations@hamiltondiocese.com

Website: <https://hamiltondiocese.com/vocations/>

LAST WEEK'S COLLECTION – St. Clements \$2,870.00. Thank you for your generosity!